



Holistic Wellness



Who is Holistic Wellness?

We are a team of medical and holistic practitioners who believe you have a choice when it comes to your healthcare.

Our mission is to offer the very finest in natural medicine, nutrition, detoxification services, mind-body healing, and educational empowerment to our community.

Is holistic healthcare right for you?

“Holistic” or “integrative” healthcare is ideal for women, men, children, and families wishing to take back control of their health through natural medicine.

A holistic practitioner does not seek to replace your medical provider and we do not diagnose or treat disease.

Rather, we offer complementary care through BioEnergetic Assessment, homeopathy, nutrition, detoxification, hypnosis, and education.

Since no two people are alike, we help guide you toward the best choices for your individual healthcare goals and needs.



Your Holistic Wellness Team

Pamela Gormley, HHP, RN, LMT, MSN

Pamela is board-certified holistic healthcare practitioner, registered nurse, licensed massage therapist, and a member of the American Association of Drugless Practitioners and National Center for Homeopathy.

With a Master's in Nursing Education and over 20 years of experience in the healing arts, Pamela firmly believes in the body's ability to heal itself when given the right resources.

Pamela specializes in BioEnergetic Assessment, homeopathy, nutrition, and client education. A mother of three, she is passionate about helping families and individuals find their path to wellness through holistic methods.

John Gormley, CCH,

Member National Guild of Hypnotists

John is passionate about helping clients heal themselves through Hypnosis with Purpose.

As a Certified Consulting Hypnotist and holistic health advocate, John understands that ailments of the body often correspond to the health of the mind.

Therefore, he focuses his hypnosis practice on helping clients rebalance their mind-body connection to improve weight, stress, anxiety, cravings, focus, and overall well-being.



Holistic Healthcare Services

BioEnergetic Assessment (BEA)

BEA is a gentle, non-invasive technique that assesses the energetic health of your organs and systems via acupuncture meridians on your hands.

Developed by a German physician, BEA provides valuable insight on resolving energetic imbalances before they become problematic. It is a quick, painless, and highly informative tool.

Initial Assessment (90 min): \$150 | **Follow-up** (60 min): \$70

Ionic Foot Bath

Ionic Foot Baths use the power of negative ions and salt water to gently detoxify and rebalance your whole body. Popular in spas the world over, and a perfect complement to any detoxification strategy.

Foot bath \$45

Hypnosis with a Purpose

Hypnosis with a Purpose helps re-train your brain to release negative thought-patterns and reawaken to mental empowerment. Practiced with a trained hypnotherapist in a relaxing and safe environment, hypnosis is ideal for weight rebalancing, stress, breaking unwanted habits, and improving focus.

Initial Session \$150 | **Follow up sessions** \$100 per hour

Professional Ear Candling

Professional Ear Candling is an ancient technique that pulls toxins and congestion from deep within the ear canal. Ideal for supporting natural immunity and change-of-season discomfort.

Session (includes both ears) \$55



28 Orchard Rd, Havertown, PA 19083 | 610-324-6185
holisticwellnessllc@gmail.com | www.holisticwellnessllc.com

