

# This Little-Known Biblical Pain Cure Leaves Turmeric in the Dust

**Breaking Discovery works better than NSAIDs for pain, protects from the flu, AND can safely reduce your risk of a heart attack and stroke...**

Dear Reader,

What would you say if I told you I have found a natural anti-inflammatory that works better than turmeric (and even some over-the-counter drugs) for pain, inflammation, heart diseases, and more?

Sound too good to be true?

I thought so too. That was until I read through the piles of research studies and saw the results for myself.

My name is Dr. Victor Marchione, Chairman of the Doctor's Health Press Editorial Board.

As an integrative medical doctor, I have searched for decades to find reliable natural pain medicines to help people cope with arthritis, muscle aches, joint pain, headaches (even migraines) and other common ailments.

Now don't get me wrong, I am a believer in turmeric.

But the truth is: it doesn't work for *every* patient *every* time.

This is due to its poor absorption rate and is especially true for those suffering from acute or chronic pain, as turmeric can take weeks—or even months -- to provide relief<sup>1</sup>.

Which is why it's so important to know your options—especially when it comes to pain and deadly inflammatory disease.

But, what if I told you there is a “sleeper remedy” out there known as “Nature's Steroid”, that experts believe **works better than turmeric for pain, inflammation, immunity, autoimmune disease, heart health, and a host of other ailments.**

What's more, it has been used for thousands of years in Eastern Medicine, has dozens of clinical studies backing its effectiveness, and has been called “better than NSAIDs” for pain relief.

And who among us hasn't reluctantly relied on analgesic drugs, like Advil or Motrin, for when serious pain hits?

But when I found out about this “Nature's Steroid”, I knew I had to research it for myself.

So, I dove deep into its historical uses, scientific studies, safety stats, and clinical data—and to say I was impressed would be a gross understatement.

Blown away by its safety and efficacy, I dug even deeper...and I was floored by the results, including:

- Significant decreases in pain and inflammation...
- Blessed relief from arthritis pain, muscle aches, and joint pain....
- Reduction in painful headaches...
- Improved heart health...
- And enhanced immunity against viruses like cold and flu (to name but a few).

Suffice it to say, it exceeded my expectations as a natural anti-inflammatory, while freeing people from their pain AND reliance on drugs.

### **This “Nature’s Steroid” was the real deal.**

Even more incredible, was while most of my patients knew of it by name (it is of rather famous Biblical significance) they had no idea of its *medicinal* value.

It simply hasn’t gotten the press other natural anti-inflammatories, like turmeric, have enjoyed over the last decade.

Which is why I am so excited to share this life-saving information with you today.

What is this incredible anti-inflammatory that  
experts believe could outperform turmeric by a landslide?

**It’s not a plant, spice, homeopathic remedy, or food.**

**It is a highly-prized tree gum resin extract found in Africa, Asia, and the Middle East known as: “Shallaki” or “Indian Frankincense”.**

**Yes, that Frankincense. The same thing mentioned in the Bible.**

If you suffer from chronic pain, heart disease, respiratory issues, or have ever had to use an over-the-counter pain medicine, I'm going to reveal to you why Indian Frankincense is being called “better than turmeric (and NSAIDs)” for pain and inflammatory conditions.

### **The Sacred Medicine of Kings and Gods...and More Precious Than Gold**

Perched atop the sandy dunes of Asia, India, Africa, and the Middle East sits row up on row of ragged looking shrubs known as Boswellia trees.

This unassuming dessert shrub is mentioned frequently throughout the Bible and other religious texts, and was highly prized among ancient Ayurvedic (Indian) and Asian healers for its mystical healing powers.

Wise men, shamans, and great healers risked desert heat and poisonous tree snakes to obtain its powerful resin, which they traded as prized currency and used to heal Kings and the elite.

**So valued was Indian Frankincense, that the high priests of Israel and other cultures would burn the resin as a most precious sacrifice to their God or Gods; while the ancient Egyptians used it to embalm the bodies of departed Pharaohs.**

In fact, Indian Frankincense extract is the very “Frankincense” gifted by the three wise men at the birth of Jesus Christ.

Given its value as a medicinal, religious symbol, and currency, one can begin to see why this humble tree resin was considered a gift “fit for the son of God.”

However, its medicinal value remained largely hidden in ancient texts until just a few years ago.

Luckily for us modern Jane’s and Joe’s, this gummy tree resin is making a serious comeback as one of the most promising “new” natural anti-inflammatories on the market.

And, as you’ll discover, there has never been a better time to seek out natural anti-inflammatories for pain...

## **Scientists Prove This Popular Over-the-Counter Pain Medicine Can Increase Your Risk of a Heart Attack by a Whopping 50%-75%**

As a health-conscious truth-seeker, I know you make it a point to keep updated of the latest health and medical research.

I also know, you keep a close watch on the questionable-dealings-and-doings of big pharma.

**Which is why you may have read about the disturbing new findings on the deadly side-effects of NSAIDs (non-steroidal-anti-inflammatory-drugs).**

These FDA-approved drugs, commonly marketed under the name “ibuprofen” (Advil, Motrin) and others, have been heavily promoted to consumers as “the safest choice” for pain, inflammation, and fevers.

Their marketing has been so effective that NSAIDs are the most frequently used drug for pain and inflammation, with sales exceeding 12 billion dollars annually<sup>2</sup>.

However, despite their widespread use and heavily promoted “safety”, the FDA is being forced to raise red flags about the “darling” of the OTC pain market<sup>3</sup>.

In the last few years alone, research has surfaced linking NSAID use to such life-altering and life-threatening conditions as:

- Hearing loss, in babies, adolescents, and adults<sup>4</sup>.
- Diverticular disease (an inflammatory condition of the colon)<sup>5</sup>.
- Gastrointestinal damage, including bleeding and ruptures, to your esophagus, stomach, and intestines (a mind-blowing 50% of ulcers are caused by NSAIDs)<sup>6</sup>.
- Increased risk of renal failure<sup>7</sup>.
- Increased risk of stroke<sup>3</sup>.

And recently came the most disturbing warning of all:

### **Taking NSAIDs for just 1 to 7 days can increase your risk of a heart attack by a whopping 50%-75%<sup>8</sup>!**

The study, completed by University of Montreal Hospital Research Center, analyzed the data of over 450,000 NSAID users to come up with this staggering figure.

What's more, the risk did not *increase* after 7 days...which means the damage to the heart happens within those first 7 days.

Ironically, similar safety issues forced the popular arthritis drug, Vioxx, to be pulled from the market in 2004: it doubled a person's risk of cardiovascular complications, including heart attack and stroke, when taken over a period of months<sup>9</sup>.

**Yet NSAIDs, which can *double* your risk of heart attack if taken for just 1-7 days remain the #1 FDA-approved pain medicine in America.**

This is criminal, and a shocking example of the level of corruption, deception, and greed that fuels our nation's 12 billion dollar NSAID industry.

To say nothing of the federal government agencies sworn to protect us.

It's enough to make you question the safety of *any* FDA-approved medication and take your business elsewhere, and you would be wise to do so.

**Yet despite these bleak truths and deceptions, the fact remains that everyone needs (or will need) reliable, fast-acting pain relief at some point.**

**Fortunately, we have a scientifically proven alternative to dangerous NSAIDs and other pain pills in Indian Frankincense...**

**...one that that won't increase your risk of a heart attack by 50-75% the next time your arthritis or back pain flares up.**

## **Better Than NSAIDs...Why "Nature's Steroid" Is So Effective on Pain and Inflammation**

Given the dire situation regarding NSAIDs and arthritis medication, we have no choice but to be our own advocates and seek alternatives.

**Thanks, in-part to modern medical research, Indian Frankincense is now confirmed effective for<sup>10</sup>:**

- Arthritis and Rheumatoid Arthritis...
- Inflammatory conditions such as heart disease, autoimmune disorders, and all types of pain...
- Controlling blood lipids by reducing LDL "bad" cholesterol and raising HDL "good" cholesterol...
- Preventing arteriosclerosis and plaque in the arteries...
- Relieving pain...
- Protecting your liver.

But why is it so effective on so many conditions?

The key lies in its targeted anti-inflammatory and antioxidant properties, which have earned it the title "Nature's Steroid".

Let me explain...

When you experience an injury or illness, your body releases enzymes which cause inflammation and swelling.

These enzymes (known as “pro-inflammatory enzymes”) are also believed to cause and aggravate many chronic diseases such as asthma, rheumatoid arthritis, psoriasis, heart disease, and irritable bowel syndrome.

So they need to be controlled, especially in chronic cases.

Indian Frankincense contains a special compound, known as boswellic acids, that naturally inhibit that inflammatory process, thereby reducing pain and inflammation<sup>11</sup>.

### **Making Indian Frankincense the first and ONLY 100% natural anti-inflammatory in this category.**

This medicinal action is very similar to steroids or NSAIDs. With one key difference.

You see, NSAIDs and steroids also inhibit inflammation.

BUT their synthetic action simultaneously disrupts essential bodily functions, resulting in side effects such as degradation of joints and connection tissues, premature aging, digestive ailments, and bodily breakdown.

**Conversely, Indian Frankincense stops inflammation, without harming the body<sup>12</sup>—hence the name “Nature’s Steroid”.**

In plain English: it relieves pain without the risk of side effects like hearing loss, gastrointestinal damage, heart attacks, and worsening of arthritic conditions.

Once again, Mother Nature outsmarts big pharma in a BIG way, with minimal physical and financial cost to the consumer.

But, pain relief is only *one* benefit of this sacred tree resin.

It also packs a serious punch against three leading causes of heart disease...

### **Better than Heart Meds? A Triple-Threat Against Heart Disease**

We’ve already discussed how choosing NSAID alternatives, like Indian Frankincense, can protect your heart.

BUT, it can also help you directly *prevent* a heart attack in three powerful ways:

#### **#1: By controlling blood lipids**

One of the most remarkable studies proved its effectiveness in raising HDL cholesterol levels (the good stuff) while lowering LDL levels (the bad stuff) in Type 2 diabetics.

The study, published in the prestigious *Journal of Diabetes and Metabolic Disorders*<sup>13</sup>, tested 60 subjects with Type 2 diabetes taking either 900 mg per day of Indian Frankincense, or nothing for 6 weeks.

Blood lipid levels were measured before the study and again after 6 weeks. And the results blew the medical world away.

**Patients who took the resin, experienced a: “significant increase in blood HDL levels as well as a remarkable decrease in cholesterol, LDL, fructosamine ( $p < 0.05$ ) SGPT and SGOT levels after 6 weeks.”**

If it worked that well in patients with Type 2 diabetes, imagine what it could do for those of us in relatively *good* metabolic health.

### **#2: By preventing arteriosclerosis**

In one prominent study, researchers found the anti-inflammatory action of Indian Frankincense helped reduced arterial lesions by an impressive 50% while dramatically reducing arterial plaque in mice<sup>14</sup>.

Other research has shown the boswellic acids found in Indian Frankincense “an effective antiatherogenic resource for preventing coronary artery diseases<sup>15</sup>”.

### **#3: As a powerful heart-protective anti-inflammatory antioxidant**

Heart disease is now recognized as an inflammatory disease caused, in part, by free radical damage<sup>16</sup>.

Therefore, natural antioxidant-rich anti-inflammatories, like Indian Frankincense, have been shown to improve overall heart health by reducing inflammation and free radical damage<sup>8</sup>.

As you can clearly see, you have a powerful pain-fighting, anti-inflammatory, heart-protective ally in Indian Frankincense.

Indian Frankincense is just one of dozens of disease-fighting remedies in my latest breakthrough health book called:

## **“The Encyclopedia of Natural Cures and Remedies.”**

This 220-page book is a treasure chest of knowledge and solutions for anyone who wants to fight pain and disease without using prescription drugs.

Inside you will find natural cures for 108 health problems that you probably never have seen before or that your doctor never even knew existed.

The book is valued at \$49. But it can be yours for free.

I'll reveal how to get it for free in just a moment. First, let me show you what is inside the pages of this FREE book, you'll discover what to do about nagging, embarrassing, sudden, and persistent problems you just wish would go away.

For example:

- High blood pressure can easily be lowered without harmful prescription drugs by eating these specific berries, herbs, grains, and roots (pages 128-129).

- Can't sleep? You can eliminate insomnia with this tried and tested Eastern European drink that you can easily make at home (page 142).
- Memory problems? Drink this tea on a regular basis. It's what the Ancient Greeks did to boost their mental performance (pg. 147).
- Do you suffer from high cholesterol? Learn which European folk herb can help bring your cholesterol down fast (pg. 134).
- Incontinence can be intolerable! Learn which little-known "trigger foods" to avoid and secret Chinese remedies to heal your bladder effectively (pg. 136).
- Dealing with depression? If you eliminate these certain popular foods, you could see your mood lighten. On the flip side, adding specific foods to your diet can help get you out of depression (pg. 87).
- Kidney stones a royal pain? Learn which common fruit juice can help break up and prevent agonizing stones (hint: it's not cranberry). Plus, the best herbs and vitamins for lasting relief (pg. 145).
- Gout got you down? Go to your grocery store, buy these popular berries, eat eight to 10 of them a day, and feel the relief from gout (pg. 110).
- Hangovers are horrible. Want blessed relief? Just chew on this specific bark to feel virtually instant relief (pg. 113).
- Prostate problems? Eat these three fruits regularly to help prevent them (pg. 168-169).
- Shingles can be a nightmare. But putting these specific wet tea bags directly on the skin can actually help in relieving the pain (pg. 175).
- Plus many more easy remedies and cures for virtually every illness or disease you or your family could be exposed to.

Again, this sought-after book is valued at \$49. But it's yours free just for trying my popular newsletter:

### ***The Doctor's Health Journal of Alternative Remedies and Cures!***

Even better, as a first-time subscriber, you're entitled to a very significant discount on our regular subscription rate.

I'll tell you more about all the exclusive benefits you'll receive as a subscriber in just a minute.

But first I want to share some exciting research with you on the little-known benefits of Indian Frankincense for arthritis, rheumatoid arthritis, and joint pain sufferers....

### **A God-Send for Arthritis, Rheumatoid Arthritis, and Joint Pain Sufferers**

Of all the types of pain medicines out there, arthritis and joint pain drugs are becoming of great concern to doctors.

Why?

Because these medicines—from steroids to NSAIDs—have a history of horrific long-term side effects, particularly to the cardiovascular system.

Earlier, I mentioned the recall of Vioxx—a popular arthritis drug—from the market in 2004, after it was found to increase user's risk of a heart attack by 50%.

Add to this the recent warnings about NSAIDS, and suddenly arthritis and joint pain sufferers are in a very high risk category.

Not from their *diseases* but from their *medications*. And this is becoming a BIG problem for corporate medicine.

**According to researchers at Johns Hopkins, worsened illness or premature death at the hands of modern medicine (also known as “iatrogenic disease”) is now the third leading cause of death in the United States<sup>17</sup>. Making it a serious public health crisis.**

Even more reason for arthritis and joint pain sufferers to deepen their search for natural relief.

Clinical trials of Indian Frankincense gum resin showed improvement in symptoms of both osteoarthritis and rheumatoid arthritis, without those risky heart, kidney, liver, or gastrointestinal-related side effects.

**At least three double-blind, randomized, placebo-controlled human studies (the gold standard in medical research) have proven these extracts helped osteoarthritis patients with the following<sup>18</sup>:**

- Relief of joint pain.
- Improved pain scores.
- Increased pain threshold.
- Reduced inflammation.
- Improved physical and functional ability.

The results on joint pain were especially significant, with patients reporting up to a 65% reduction in pain—comparable to many arthritis medications.<sup>19</sup>

While another study showed a “significant anti-arthritic effect” when Indian Frankincense was combined with glucosamine—another natural supplement<sup>20</sup>.

For rheumatoid arthritis patients, it works in two remarkable ways:

#1: It blocks inflammatory enzymes thus reducing pain and inflammation.

#2: AND it works as a *preventative* by disrupting the formation of autoimmune diseases<sup>21</sup>.

**It does this by blocking inflammation, scavenging free radicals, and helping control production of immune-boosting antibodies.**



Considering this convincing research coupled with the very real threat of iatrogenic disease from anti-arthritic drugs, I highly recommend Indian Frankincense for joint pain.

And its pain-relieving benefits can be further enhanced when combined with other natural remedies...which you'll learn about when you try out *The Doctor's Health Journal of Alternative Remedies and Cures*.

*The Doctor's Health Journal of Alternative Remedies and Cures* is the monthly newsletter that provides you with information on the natural choices you need to avoid prescription drugs and risky surgery.

Every month you'll get timely information and advice that will help guide you through the confusion we see so much in the health world today. You'll only get the straight facts on natural healing techniques.

Like this one final life-saving Indian Frankincense tip. Which may be the most significant for Baby Boomers.

### **How to Dramatically Slash Your Risk of Flu and Deadly Respiratory Complications**

For most adults under 65, colds, flu, and other respiratory infections are no big deal.

However, for those of us amid, or nearing our "golden years", common respiratory infections become of great concern.

In fact, despite the constant push for flu vaccinations among the elderly, it is estimated that 90% of flu deaths occur in Americans over the age of 65<sup>22</sup>.

Big pharma's answer? Flu vaccinations for the masses and anti-viral drugs.

But statistics show that the flu vaccine is virtually useless!

**According to the Centers for Disease Control, the overall effectiveness of the flu shot varied from just 23% in 2014-2015 to 42% overall effectiveness in 2016-2017<sup>23</sup> in those who carried the same types of flu strains as the vaccine.**

**Though a 42% overall effectiveness rate may seem like an improvement, the actual 2016-2017 effectiveness rate for adults over 65 (a highly vulnerable population) was a meager 25%<sup>24</sup>.**

That's a whole lot of variance—to say nothing of the laundry list of awful side effects.

Then there are the ever-popular anti-viral drugs, like Tamiflu®.

Which I wouldn't recommend to ANYONE unless they were in a dire, life-threatening situation for three big reasons:

**#1: It's highly ineffective.**

According to a widely-publicized analysis by the Cochrane Collaboration<sup>25</sup>, Tamiflu does not reduce complications from the flu such as pneumonia, it doesn't prevent transmission, and it has caused life-threatening side effects in numerous people.

**#2: It's very expensive.**

A five-day course will set you back over \$100.00, per Consumer Reports<sup>26</sup>.

**#3: It's dangerous and the CDC doesn't want you taking it!**

It's true. Due to its horrific side effects, including psychiatric episodes, the Centers for Disease Control recommends anti-virals, like Tamiflu, only be taken by those who are severely ill and require hospitalization<sup>23</sup>.

So, the latest medical interventions for "flu prevention and treatment" don't work...hence why so many people over the age of 65 DIE from the flu and respiratory complications every year.

With such high mortality rates associated with the flu in adults over 65, and the growing epidemic of superbugs invading our hospitals, effective natural remedies are essential for those of us 65 and older.

Those three reasons are enough for me to avoid the Tamiflu AND the flu vaccination. But what about the effectiveness of Indian Frankincense? Well, here are three reasons it does work on fighting the flu:

**#1: It's been proven effective.**

Both the essential oil and powder have proven effective at boosting immunity by modulating the release of disease-fighting antibodies and inhibiting inflammation.

And in a study published in the British Medical Journal of Complementary and Alternative Medicine, **Frankincense essential oil is highly effective in inhibiting the H1N1 flu virus when inhaled, reducing nascent viral particles by up to 90%<sup>27</sup>. Plus:**

- It has demonstrated potent anti-viral properties<sup>28</sup>.
- Helps reduce the severity of infections by reducing inflammation of the nasal passages, clearing mucus from the lungs (especially when inhaled with steam)<sup>29</sup>.
- And acts as a natural anti-histamine<sup>30</sup>.

**#2: It's affordable.**

A 30-day supply of Indian Frankincense herb will set you back \$20-\$30, while the essential oil runs for \$40-\$65 (and can last for years).

**#3: It's incredibly safe.**

Indian Frankincense has garnered high marks for its "excellent safety profile<sup>31</sup>" across the board.

Want to know which other natural remedies can help protect you from colds, flu, and other serious infections?

You can learn all about them inside *The Encyclopedia of Natural Cures and Remedies*, the book is yours FREE when you sign up for one month of my exclusive newsletter: *The Doctor's Health Journal of Alternative Remedies and Cures*.

But that's not all.

We have talked a lot about how Indian Frankincense can protect your heart by lowering cholesterol, preventing plaque build-up, and as an anti-oxidant.

**But what about safe and natural cures for high blood pressure (the silent killer)?**

We've got you covered there too.

As a new member, you are entitled to another free exclusive Doctor's Health Press Report:

### ***12 Kitchen Cures to Slash Deadly High Blood Pressure:***

With *12 Kitchen Cures to Slash Deadly High Blood Pressure* you'll have access to the easiest, fastest, safest ways to lower your blood pressure without resorting to dangerous drugs or costly procedures. Here's what's waiting inside for you:

- Increase this natural chemical you already make to lower blood pressure.
- A leaf extract is twice as powerful as most hypertension drugs? Yes!
- Revealed: The least-known blood pressure herb.
- The "gut feeling" that lowers blood pressure.
- The "prickly" herbal heart healer.
- The phytonutrient that drops blood pressure like a stone in only two hours.
- An antioxidant that's 500 times stronger than vitamin E...and can ease blood pressure.

## **Take Charge of Your Health Today**

You can now take charge of your own health – without putting yourself at the mercy of cookie-cutter doctors who only recommend dangerous, costly drugs.

And, based on what we've learned today about NSAIDs, Vioxx, and Tamiflu alone, we know their drugs are costly. Both in terms of money AND life-altering side effects.

Well now you can forget about those costly medications and the worry that goes along with them by being your own best advocate.

*The Doctor's Health Journal of Alternative Remedies and Cures* is the monthly newsletter that provides you with the natural choices you need to avoid prescription drugs and risky surgery.

Every month you'll get timely information and advice that will help guide you through the confusion we see so much in the health world today. You'll only get the straight facts on natural healing techniques.

Here are some of the issues we helped our subscribers with recently:

- Two foods that can fight inflammation—Prescription anti-inflammatory drugs can be dangerous to your health. You can fight inflammation with just two nutrients that can easily be found on a table in an Italian restaurant<sup>32</sup>!
- Fight your osteoarthritis with these three nutrients—If you take prescription medication, you have to try these three supplements. They could work better... without nasty side effects<sup>33</sup>.
- Can bananas, pineapple, or papayas give you a flat stomach? We revealed which is reality and which is myth in a past issue of the newsletter<sup>34</sup>.
- Eat this and lower your risk of having a stroke—This one nutrient has been proven to lower your blood pressure and your risk of stroke<sup>35</sup>.
- Over 60? In a recent issue, we revealed why prescription pills side-effects are much more harmful if you're in this age range<sup>36</sup>.

*The Doctor's Health Journal of Alternative Remedies and Cures* is written every month in an easy-to-read format.

There's no scientific jargon or anything else to confuse you. We present the facts in plain English. We also include a glossary if there's a term we think could get a little complicated.

Once you read your first issue of *The Doctor's Health Journal of Alternative Remedies and Cures*, I'm sure you'll agree that it is one of the top health newsletters as it covers a wide array of timely health issues in one, easy-to-read journal.

## **Try it out first for only \$1**

Normally, *The Doctor's Health Journal of Alternative Remedies and Cures* costs \$199 for a one-year (12 issues) subscription.

Our first year introductory price is just \$39.95 for the first year. A great deal itself!

But I've convinced my publisher to go one step further:

Through this offer only, you can try *The Doctor's Health Journal of Alternative Remedies and Cures* for just \$1.

Here's how it works:

Order today and your credit card will be charged exactly \$1.

We'll then e-mail you your first issue of *The Doctor's Health Journal of Alternative Remedies and Cures*, your free copy of my best-selling, 220-page book: *The Encyclopedia of Natural Cures and Remedies*, your free report: *12 Kitchen Cures to Slash Deadly High Blood Pressure* plus another special gift I'd like you to have (that I'll explain to you in a minute).

Take 30 days to look over all of the publications.

If you don't agree that *The Doctor's Health Journal of Alternative Remedies and Cures* is the best source for alternative health and wellness information and advice, simply call or e-mail us before 30 days to cancel.

You'll have risked exactly \$1 and that's that.

[CLICK HERE TO ORDER NOW!](#)

Plus, your first issue and all of your free bonus reports are yours to keep with my compliments.

Now, if you love *The Doctor's Health Journal of Alternative Remedies and Cures* and want to keep your issues coming, simply do nothing. We will automatically charge your credit card \$38.95 to cover your remaining 12 month subscription.

And about that other special gift?

The third gift is called *The Doctors Reference Guide to the Best Alternative Remedies and Cures*. It contains five volumes that target some of our readers most urgent health concerns:

1. ***How to Beat Agonizing Pain;***
2. ***21 Alternatives to Popular Prescription Drugs;***
3. ***12 Vitamins and Supplements That Can Increase Your Energy;***
4. ***Foods That Heal Pain;*** and
5. ***Diabetes: Little-Known Natural Cures.***

## Putting it All Together

Subscribe today for just \$1 and within 48 business hours, you'll receive an email with the following:

- Your first issue of *The Doctor's Health Journal of Alternative Remedies and Cures*
- *The Doctors Health Press Encyclopedia of Natural Cures and Remedies* **Free!**
- 
- *12 Kitchen Cures to Slash Deadly High Blood Pressure* **Free!**
- *The Doctors Reference Guide to the Best Alternative Remedies and Cures* **Free!**

Take 30 days to look over everything you receive. If you're not satisfied with it, let us know before 30 days and we'll cancel your subscription on the spot.

Plus, you get to keep everything you've received as my gift to you.

If you want to keep your subscription going, do nothing and we'll automatically charge your credit card \$38.95 to cover the rest of the one-year subscription.

## **Your Satisfaction is 100% GUARANTEED!**

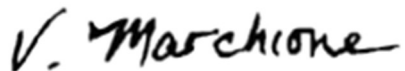
And one more thing...

If you decide after the 30 day window that you want to stop your subscription, that's okay too. Let us know and we'll issue you a pro-rated guarantee for any undelivered issues.

So if you want total freedom from dangerous and costly prescription pills...if you want to live pain-free by harnessing the power of the Biblical cure that fights pain better than turmeric...plus have instant access to other proven alternative remedies and cures... then click on the link below to order today!

[CLICK HERE TO ORDER NOW!](#)

Sincerely,



Victor Marchione, MD  
Chairman  
Doctors Health Press Editorial Board

P.S. – Don't delay! Stay one step ahead of dangerous drugs, like NSAIDs, by clicking below to get the essential *Encyclopedia of Natural Cures and Remedies*, available to *Doctors Health Press* members only, at a special price. It's your best, easiest way to end your reliance on big pharma for good and stay off modern medicine's pain pill treadmill. Order today!

[CLICK HERE TO ORDER NOW!](#)

### References:

---

<sup>1</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3882399/>

<sup>2</sup> <http://www.oxfordpharmacscience.com/content/news/archive/2015/300115.asp>

<sup>3</sup> <https://www.fda.gov/Drugs/DrugSafety/ucm451800.htm>

<sup>4</sup> <http://health.usnews.com/health-news/patient-advice/articles/2015/10/27/silent-side-effect-could-your-medication-cause-hearing-loss>

- 
- <sup>5</sup> <https://www.ncbi.nlm.nih.gov/pubmed/9596460>
- <sup>6</sup> <http://www.webmd.com/osteoarthritis/features/are-nsaids-safe-for-you#3>
- <sup>7</sup> <http://www.health24.com/News/nsaid-painkillers-could-raise-heart-failure-risk-20161003>
- <sup>8</sup> <http://www.bmj.com/content/357/bmj.j1909>
- <sup>9</sup> <http://www.npr.org/templates/story/story.php?storyId=4054991>
- <sup>10</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3309643/#ref21>
- <sup>11</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3924999/#ref17>
- <sup>12</sup> <https://www.ncbi.nlm.nih.gov/pubmed/2818645>
- <sup>13</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3929136/>
- <sup>14</sup> <http://atvb.ahajournals.org/content/28/2/272>
- <sup>15</sup> [http://s3.amazonaws.com/academia.edu.documents/49228788/j.jep.2011.07.00420160929-31230-d4y5xf.pdf?AWSAccessKeyId=AKIAIWOWYYGZ2Y53UL3A&Expires=1498257708&Signature=K7NANGkTYOLTyIPALRWul%2F%2FMmgs%3D&response-content-disposition=inline%3B%20filename%3DGum resin of Boswellia serrata inhibited.pdf](http://s3.amazonaws.com/academia.edu.documents/49228788/j.jep.2011.07.00420160929-31230-d4y5xf.pdf?AWSAccessKeyId=AKIAIWOWYYGZ2Y53UL3A&Expires=1498257708&Signature=K7NANGkTYOLTyIPALRWul%2F%2FMmgs%3D&response-content-disposition=inline%3B%20filename%3DGum%20resin%20of%20Boswellia%20serrata%20inhibited.pdf)
- <sup>16</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5003124/>
- <sup>17</sup> [http://www.hopkinsmedicine.org/news/media/releases/study\\_suggests\\_medical\\_errors\\_now\\_third\\_leading\\_cause\\_of\\_death\\_in\\_the\\_us](http://www.hopkinsmedicine.org/news/media/releases/study_suggests_medical_errors_now_third_leading_cause_of_death_in_the_us)
- <sup>18</sup> <http://www.naturalmedicinejournal.com/journal/2013-05/frankincenses-efficacy-treating-osteoarthritis>
- <sup>19</sup> <http://naturaldatabase.therapeuticresearch.com/nd/PrintVersion.aspx?id=63>
- <sup>20</sup> <https://www.ncbi.nlm.nih.gov/pubmed/17481895>
- <sup>21</sup> <https://www.ncbi.nlm.nih.gov/pubmed/20696559>
- <sup>22</sup> <http://www.usmedicine.com/agencies/departments-of-veterans-affairs/with-90-of-us-influenza-deaths-in-elderly-new-high-dose-vaccine-seeks-lower-mortality-morbidity-rates/>
- <sup>23</sup> <https://www.cdc.gov/flu/professionals/vaccination/effectiveness-studies.htm>
- <sup>24</sup> <http://www.medscape.com/viewarticle/882075>
- <sup>25</sup> <http://www.bbc.com/news/av/health-26969811/tamiflu-major-report-claims-drug-is-ineffective>
- <sup>26</sup> <http://www.consumerreports.org/cro/news/2013/01/should-i-take-tamiflu-to-treat-the-flu/index.htm>
- <sup>27</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2994788/>
- <sup>28</sup> <http://www.sciencedirect.com/science/journal/01663542/125>
- <sup>29</sup> <https://www.ncbi.nlm.nih.gov/pubmed/27117114>
- <sup>30</sup> <https://www.ncbi.nlm.nih.gov/pubmed/27117114>
- <sup>31</sup> <http://www.clevelandclinicwellness.com/Features/Pages/Boswellia.aspx>
- <sup>32</sup> AR Feb 2014 issue e-Bonus Page 7 " Two Foods that Lower Inflammation"
- <sup>31</sup> AR July 2014 e-Bonus Page 6 " Top Three Supplements for Osteoarthritis
- <sup>32</sup> AR Aug 2014 issue page 7 " Debunking Five Flat Belly Myths"
- <sup>33</sup> AR November 2014 issue Page 4 "Certain Foods Proven to Lower Your Risk of Stroke"
- <sup>34</sup> AR February 2015 issue Page 3 " Are You at Risk? An Invisible Epidemic Among Older Adults"